



# Ward Admission Guide

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What to know when staying at the NOC Oncology Ward

# What to Pack

- ID document and medical aid card
- Current medications in original containers
- Comfortable sleepwear and a dressing gown
- Slippers or comfortable shoes
- Toiletries (toothbrush, toothpaste, soap, deodorant)
- Phone and charger
- Entertainment: books, tablet, headphones
- Comfort items from home (pillow, blanket)
- Contact details for family members
- Hats or headscarves if needed, ask your chemotherapy nurse about wig and hat options available

# Your Room

- Comfortable bed with adjustable positioning
- En-suite bathroom
- Television
- Nurse call button
- Wi-Fi access

**Our 16-bed oncology ward at Eros is staffed by specially trained nurses who understand the unique needs of cancer patients.**

*We want your stay to be as comfortable as possible.*



# Visiting Hours

**Morning**

10:00 - 11:00

**Afternoon**

15:00 - 16:00

**Evening**

19:00 - 20:00

*Maximum 2 visitors at a time. No children under 12 unless special arrangements are made.*



# Meals

For patients on a neutropenic diet, hospital meals are preferred for infection control purposes.

Family members are welcome to bring fruit, juices, and snacks. ***Please speak to your nurse before bringing any prepared meals.***



# During Your Stay

- Our nursing team will check on you regularly
- Doctors do ward rounds daily, usually in the mornings
- Tell your nurse immediately if you feel unwell or need help
- Use the call button - that's what it's there for
- Ask questions. We want you to understand your care.



# Going Home

- Your doctor will let you know when you're ready for discharge
- You'll receive discharge instructions and any prescriptions
- Arrange for someone to collect you
- Ask about follow-up appointments before you leave
- You'll receive a contact number for questions after discharge



# We're Here to Care for You

*Please don't hesitate to ask for anything you need.*



**NOC Oncology Ward**

**+264 83 330 5031**

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